

Ken Himes is **Executive Director** of Friends of the Family Ministries, a non-profit organization dedicated to building healthy relationships and healthy homes in the mid-Willamette Valley.

Ken and his wife Mary teach seminars on marriage, marriage mentoring, and parenting. Ken is also available for preaching, teaching classes, or speaking at men's retreats, couples' retreats, and similar events. In our Corvallis office, he does premarital, marital, and parental counseling.

Prior to launching Friends of the Family Ministries in 1994, Ken served for seventeen years as Pastor of Family Ministries at Northwest Hills Community Church in Corvallis, Oregon. He taught classes for engaged couples, married couples, parents of teenagers, and mid-life adults. He and his wife Mary taught classes for parents of young children and for parents of teenagers. Ken has trained lay counselors, conducted family camps, and trained small group leaders.

His education includes a Doctor of Ministry degree from Biola University in marriage and family ministry, a Master of Divinity degree from Fuller Seminary, and a Bachelor of Arts (Honors College) from the University of Oregon in psychology. He has authored study guides for Larry Crabb's books *The Marriage Builder*, *Effective Biblical Counseling*, and the *Counseling by Encouragement* video series. He has also authored an article on fathering in *Virtue* magazine and has written a monthly "Marriage Matters" column that appeared in *The Corvallis Gazette Times* and *The Albany Democrat Herald*.

Ken is a charter member of the American Association of Christian Counselors and is certified as a pastoral counselor by the International Board of Christian Counselors.

Ken and Mary have two married daughters and two grandsons.